



# The Asbury BEACON

October 2020

Volume 20, Number 8



## "Trying our Best"

*And Jesus said to him, "Why do you call me good? No one is good except God alone.  
~ Luke 18:19*



I saw a meme recently on Facebook. It read, "You don't have to be perfect to be successful. Now repeat that out loud 10 times each day."

How many of us struggle with perfectionism, the desire to do everything right, proper and perfect? It may cause us to be procrastinators, for we find it difficult to begin things, lest we can't finish them to our satisfaction. It may cause us to be cranky, for we become our worst critics over anything and everything. I know that I can be very self-critical from time to time, taking away the joy of trying something new.

I grew up in a home where both of my parents were perfectionists in many areas of their lives. From the carefully crafted weekly letters to their parents, ironed dress shirts, manicured lawns and flower beds, everything had to be "just so." When my mom sewed, she insisted that the inside of an outfit, look as neat and finished as the outside of the outfit. When my dad would make some wood project in his shop, he would work until the finished product was just right. My dad once was doing a chip carving of a rose window in walnut, and gave up on the project that was almost finished, because the chisel slipped and took out too much wood in one small area. He decided then and there to stop chip carving altogether and gave away his tools. The rest of us were saddened by his decision to quit. Growing up, we were instructed on how to properly do many things: properly set a dinner table, and properly fold a napkin. We were expected to properly miter our corners when making our bed. I never did master the art of pulling up a bedspread and tucking it under and around the pillows just so. It was just too hard for me to get the bedspread perfect each and every morning before leaving the bedroom.

Now this striving for excellence has its place in things. I am grateful for the internal push to do my very best in my work and hopefully in my relationships. Other things have gone by the wayside. I use a comforter to cover my sheet and pillows instead of a bedspread. I hardly ever iron, and well, I will pick up the phone to visit with someone, instead of writing a long letter. Trying to keep up with thank you notes, is enough for me these days.

In fact, I like the Amish philosophy best. Did you know that every Amish quilt has a deliberate mistake in it? It is a practical reminder that no human is perfect. Only God is perfect.

During these trying days in which we're living, I think it is appropriate for each of us to ease up on our perfectionism in all areas of our lives. We just can't do everything to our exacting standards these days, and I don't think we should even try. We have the added tasks of mask wearing, hand sanitizing, and social distancing to contend with. We are having to learn new ways to navigate around a grocery store and out in a restaurant, if we're going to restaurants at all. Parents are juggling in-school verses virtual classrooms every day. Our assisted living homes are still closed to the general public. The economy has gone down the tube and unemployment is on the sharp rise. The added stressors are truly enough for anyone.

So, my friends, I'm declaring, at least for myself, a moratorium on perfectionism for now. Let us do what we can manage until the end of each day, without self-incrimination and regret. Let us be grateful for what we can do, and show grace to one another in matters great and small. Who knows, we might eventually become perfect at being imperfect. It is worth a try.

Grace and peace,  
Laura

## ASBURY'S STAFF

**ADMINISTRATIVE ASSISTANT**  
FAITH KIRCH

**ASSISTANT TO THE PASTOR/  
DISCIPLE DEVELOPMENT**  
MAX BOVEE

**BROADCAST MINISTRY**  
BOB KURTZ

**CHILD CARE WORKER**  
ASHLEE WELDON

**CLEANING SERVICES**  
FRANCES GOUTREMOUT

**CONGREGATIONAL CARE**  
PAMELA QUIMBY  
DARLENE WELBOURN

**FAITH COMMUNITY NURSE**  
DARLENE WELBOURN

**FINANCIAL SECRETARY**  
DAN WEBB

**TREASURER**  
DEBORAH VANHOUTEN

**MAINTENANCE**  
PAT TOWN

**MUSIC PROGRAM  
DIRECTOR**  
CATHERINE MOWERS

**MUSIC PROGRAM STAFF**  
GHILYANA DORDZHIEVA  
LYNN MORGAN  
MELANIE RAFFERTY  
MICHELLE RUDD  
LISA SMITH  
HELEN TIMERMAN  
BINA WEST  
JENNIFER WHITENACK

**PASTOR**  
REV. LAURA CALOS



### THE VISION OF ASBURY

*To Make Disciples for  
Jesus Christ for the  
Transformation of the World.*

### THE MISSION OF ASBURY

*To inspire People of All  
Generations to Love, Learn  
and Lead Through Worship,  
Education, and Service.*

### THE ASBURY MOTTO

*No Matter Where You Are on Life's  
Journey, You are Welcome Here!*

Covid-19 has brought much pain and heartache to many! It also, however, has brought some wonderful opportunities for us as Christians to step forward and use the gifts God has given us. I believe God is calling us, now more than ever, to be evangelists. Evangelism is different for each of us because we each have unique gifts. Max could have just said, "Everything is cancelled for this year," and given up. But he didn't. Instead, Max created a one-hour time and place where a small group of us could come together to learn about Paul, one of God's greatest evangelists. Methodism was built on evangelism. John Wesley, who co-founded Methodism, said, "I look upon the whole world as my parish."

Our music program at Asbury has exploded during this Pandemic. The choir and large handbell groups have been shut down because of Covid-19, but other gifted musicians have stepped up and picked up the slack. We also have 4 gifted organists/pianists who each bring something unique and wonderful to Asbury. Big kudos to Cathy Maurer, our music director. She is doing a wonderful job of putting the music together each Sunday! Our music program is a wonderful compliment to Pastor Laura's enlightening sermons. As I told Pastor Laura, "I believe God sends us the people and tools we need when we need them." If you haven't been to Asbury lately, please come and be uplifted as the People of Asbury share their wonderful gifts.

Blessings,  
Sue Beaman







# SUNDAY SCHOOL NEWS



After taking some time to see how traditional school was doing with in-person classes and to review the results of our parent survey, Sunday School in-person classes will tentatively start on Sunday, October 11<sup>th</sup>. Currently we will be offering an age 3-K class led by Katie Jeurissen, a grade 1-grade 3 class led by Sarah Lehman and a grade 4 - grade 8 class led by Susan Hirst. The grade 9-grade 12 class is currently on hold. If someone is interested in teaching, please contact Sarah Lehman - 315-767-2641 or email: sundayschool@westelcom.com. We will also continue to need helpers for each class to meet safe sanctuary guidelines. Contact Sarah if interested in helping.

We will be following social distancing guidelines. The age 3-K class and the grade 1-grade 3 class will be held downstairs in Wesley Hall. The grade 4 - grade 8 class will be held upstairs. Masks are required for both kids and teachers/helpers. If traditional school has to stop in-person classes, Sunday School will also stop in-person classes.

On **Sunday, October 25<sup>th</sup>**, the Sunday School kids can come dressed up in their Halloween costumes (family friendly costumes please - no gore/no blood). We will be having an indoor "table -n- treat parade" after the main church service dismissal. If you want to stay and watch the kids, please remain seated in your pew seat.

You may be asking how does a "table- n- treat parade" event work? We will have socially distanced tables strategically placed around the sanctuary. The treats (individually packaged candy/snacks, non-candy items- i.e. Halloween party favors-pencils, erasers, etc.) will already be spread out on the tables. The kids/family groups will come up/down from their Sunday School classes to the Parker St. entrance, then turn right and go around the sanctuary, stopping at each table, pick out an item, move on to the next table, complete the circular circuit and exit via the Parker St. door.

If you would like to donate candy/non candy items, there will be a collection box in the rotunda so you can drop it off on your way out of church thru Sunday, October 18<sup>th</sup>.

Sarah Lehman



## Announcing Red Roof Pies



We are going to try our hand at Apple Pie Making at Asbury. On **Thursday, October 22<sup>nd</sup>**, a small crew of volunteers will: peel and slice up apples, make pie crust, roll out the pastry, fill the pies which will be topped with a crunchy streusel, bake them and then prepare them for **sale on Saturday morning, October 24<sup>th</sup>**.



We will be making 10-inch pies and selling them for **\$12 each**. Our plan is to make 40 pies for our first attempt.

We are looking for volunteers to help with this endeavor. Are you a master peeler? Do you have skills at making pie crust and/or rolling out the crust? Can you measure ingredients? Are you able to provide general levity, always a valued contribution?

Our best guess is that we will meet at the church kitchen at 9:30 a.m. and finish by 2 p.m. We'll be peeling, coring and slicing 3 bushels of apples along with the actual pie making steps. If you are not available to volunteer on October 22<sup>nd</sup>, would you consider donating a bag of flour, or a bag of sugar, or a jar of apple pie spice?

Please think about how you can support this culinary experiment. We will be taking pre-orders by calling the church office, or by signing up on Sunday mornings, before or after worship.

More details will be forthcoming. Thanks very much,

Sue Snell and Laura Calos

# Who Needs a Flu Vaccine and When?

Getting a flu vaccine is more important than ever during 2020-2021 to protect yourself and the people around you from flu, and to help reduce the strain on healthcare systems responding to the COVID-19 pandemic.

## Who should get vaccinated this season?

Everyone 6 months and older should get a flu vaccine every season with rare exceptions. Vaccination is particularly important for people who are at high risk of serious complications from influenza. People at High Risk of Developing Flu-Related Complications has a full list of age and health factors that confer increased risk.

Flu vaccination has important benefits. It can reduce flu illnesses, doctors' visits, and missed work and school due to flu, as well as prevent flu-related hospitalizations and deaths.

## Different flu vaccines are approved for use in different groups of people.

- There are flu shots approved for use in **children as young as 6 months old** and flu shots approved for use in **adults 65 years and older**.
- Flu shots also are recommended and approved for use in **pregnant women** and people with certain chronic health conditions.
- The nasal spray flu vaccine is approved for use in non-pregnant individuals who are 2 years through 49 years of age. **People with some certain medical conditions should not receive the nasal spray flu vaccine.**

There are many vaccine options to choose from. CDC does not recommend one flu vaccine over another. The most important thing is for all people 6 months of age and older to get a flu vaccine every year. If you have questions about which flu vaccine to get, talk to your doctor or other healthcare professional.

## Who Should Not Receive a Flu Shot?

Factors that can determine a person's suitability for vaccination, or vaccination with a particular vaccine, include a person's age, health (current and past) and any relevant allergy.

People with egg allergies can receive any licensed, recommended age-appropriate influenza vaccine (IIV, RIV4, or LAIV4) that is otherwise appropriate. People who have a history of severe egg allergy (those who have had any symptom other than hives after exposure to egg) should be vaccinated in a medical setting, supervised by a health care provider who is able to recognize and manage severe allergic reactions. Two completely egg-free (ovalbumin-free) flu vaccine options are available: quadrivalent recombinant vaccine and quadrivalent cell-based vaccine.

## Get vaccinated before flu season starts

It takes about two weeks after vaccination for antibodies that protect against flu to develop in the body. When should I get vaccinated? You should get a flu vaccine before flu viruses begins spreading in your community, since it takes about two weeks after vaccination for antibodies to develop in the body and provide protection against flu. Make plans to get vaccinated early in fall, before flu season begins. CDC recommends that people get a flu vaccine by the end of October. However, getting vaccinated early (for example, in July or August) is likely to be associated with reduced protection against flu infection later in the flu season, particularly among older adults. Vaccination should continue to be offered throughout the flu season, even into January or later. Children who need two doses of vaccine to be protected should start the vaccination process sooner, because the two doses must be given at least four weeks apart.

## Digital Resources

Centers for Disease Control and Prevention,  
National Center for Immunization and Respiratory Diseases (NCIRD)  
August 2020

Submitted by Darlene Welbourn

# PROGRESS REPORT ON ROOF/TOWER PROJECT

This is being written on 9/19/20. The scaffolding has started to be removed. This will be done in stages as our roofing contractor (RSI) needs to work on the corners of the tower while a portion of the scaffolding remains in place. This project has been full of surprises on a weekly, if not daily, basis. I will share the two most recent.

RSI removed the built-up roofing on each of the four corners at the top of the square tower. Three were okay and have been re-roofed. The fourth corner showed evidence of some damaged wood/beam due to water. We will meet with people from Capital Construction on 9/21 to determine how to repair this before re-roofing.

RSI, using their 80 foot lift, has examined our tall yellow brick chimney. This original structure was built when the church was constructed and a coal fired boiler was used for heat. We now use natural gas and a different boiler and do not need the height of our chimney. Most of the mortar is gone at the top of the chimney and is at risk to start dropping brick on our new roof! We are now in the process of determining the cost of removing 10 or 20 feet of the stack. Neither the height nor the diameter is now needed or desirable. A shorter stack can be capped and a much smaller discharge exhaust pipe used. The brick at the lower levels are sound and the mortar is okay.

We will soon know the cost of these two additions to our project. Both of these items will benefit Asbury as we move into the future. These and other surprises have added to the final cost of our work. This is the first major up-grade on this building in over 100 years. We expected to find some unknown problems when we started.

The page entitled "Preserving a North Country Treasure" has been created to send out to members of the community with the hope of generating some support. Many of our church family members have already pledged and contributed to see the goal of this project succeed. We are including this in the newsletter so you will have the information if someone outside of Asbury mentions the work we have accomplished and would like to be a part of it.

Blessings,  
Glen Snell, Trustee



## Asbury Stewardship 2021

**October 25<sup>th</sup> is Stewardship Sunday at Asbury.** You may have already received your Stewardship Letter from Pastor Laura along with your 2021 Pledge Card in the mail. If not, don't worry – it will arrive shortly; there will also be extra Pledge Cards in Church on the Welcome Center in the back of the sanctuary.

Please give prayerful thought to your 2021 pledge of your time, talents, and resources. The Pledge Card also gives you the opportunity to either request envelopes or contribute through "online giving" available on the homepage of the Asbury Website.

If you won't be at the 10:15 a.m. service on October 25<sup>th</sup>, then we ask you to place your Pledge Card in the offering plate on another Sunday, or mail it in to the Church Office. If you plan to attend on the 25<sup>th</sup>, we'd ask you to bring your **PLEDGE CARD** on that day.

Thank you for your generosity to enable Asbury to continue to serve our congregation and the wider community.

Jim Rafferty, Chairperson, Asbury UM Church Council

## UPDATES FROM YOUR ASSISTANT TO THE PASTOR FOR DISCIPLESHIP DEVELOPMENT - Max Bovee

### **AMF (Asbury Men's Fellowship)**

**October 3 & November 7 at Cracker Barrel at 8:00 a.m.**

Many thanks for assistance with New Day wood chips and rummage sale - also mowing and hedge trimming at the parsonage.



**Asbury Fellowship** – Plans are progressing for a Progressive Supper for our church family during the summer of 2021 on Pillar Point. Any suggestions for restaurants to eat out in 2021 are welcomed by Max no later than 10/15.

**Small Group Studies** – Additional Small Group Study to be offered. I & II Thessalonians will conclude our series for 2020 on 9/28, 10/5, and 10/12 from 6:30–7:30 p.m. in Wesley Hall. Bring your Bible and use the Parker St. door.

Due to the Covid restrictions in place both by our church and NYS, my employment and service to Asbury for 2020 will terminate at the end of October rather than December. It is my desire, God willing, to complete my 20th and final year with you during 2021. A booklet (brochure) of 2021 planned activities should be available by the end of this year.

Max



Gerald Tucker	October 1	Lawrence Welt	October 12
Nikki Patrick	October 3	Myrtie Schilling	October 13
Mark Robinson	October 3	Ora Phillips	October 14
William Palmer	October 3	Leah Mae Carlisle	October 14
Phyllis Sayers	October 3	Miyako Tanabe	October 16
Karen Hill	October 6	Christopher Coles	October 18
Olga Fry	October 7	Michael Doe	October 20
Marianne Scott	October 9	Nancy Waiters	October 20
Cynthia Murphy	October 9	Dorothy Carlo	October 25
Eleanor Cerow	October 10	Kimberly Welt	October 28
Greta Bovee	October 11		



# ASBURY'S ANNUAL WREATH SALE

The Finance Committee is again sponsoring the annual wreath sale which will begin on Sunday, October 18<sup>th</sup>. This is the 20<sup>th</sup> year that we have held the wreath sale! Hemlock Haven in Sandy Creek makes an **excellent** product that will last all winter long, and their creations are soooooo... fragrant! Samples of some of the products will be on display, so you can see the high quality of their evergreen products.

**This year we will again be selling the following:**

**Undecorated Wreath    Decorated Spray**

**Decorated Wreath    Mailbox Spray**



Hemlock Haven is again working with us to keep the prices down, since we have been such long-time customers, which is wonderful for all involved! Hemlock Haven is delighted that we will be selling their product again this year.

Wreath orders **MUST** be placed by Sunday, November 22<sup>nd</sup>, so that Hemlock Haven will have enough time to make the wreaths and sprays for delivery to Asbury on Tuesday, December 1<sup>st</sup>. Pick-up times will begin at 12:00 pm on Tuesday and continue into Wednesday, December 2<sup>nd</sup>.

With the onset of cooler weather, the Finance Committee hopes that the wreath sale will help with the escalating fuel costs. We deeply appreciate your support of this annual fundraiser! If you'd like to help sell wreaths, pick up a packet in the rotunda after each Sunday service. Thank you for your participation in this holiday project!

Lynn Morgan

## SCRIPTURE OF THE WEEK

**October 4, 2020: Philippians 3:14**

*"I press toward the goal for the prize of the upward call of God in Christ Jesus."*

**October 11, 2020: 2 Timothy 4:7**

*"I have fought the good fight, I have finished the race, I have kept the faith."*

**October 18, 2020: Hebrews 4:13**

*"Nothing in all creation is hidden from God's sight."*

**October 25, 2020: Hebrews 11:33-34**

*"Who through faith...out of weakness, were made strong."*





## ***The New Asbury Website is Up and Running!***

We're excited to announce to you that the new Asbury website is up and running. We invite you to personally check it out for yourself and look at everything all the way through. The website address is **www.Asburyumc.com**.

**Q: *What's new on the website?***

**A:** Everything. This is an all new website for Asbury Church. The old website was completely tapped out.

**Q: *What is the purpose of a new website?***

**A:** Church websites are actually a marketing tool for our church, particularly for those people who are thinking about visiting us or whom have recently visited us. It has good uses for all of us as well

**Q: *I attend Asbury. How will I use the Website?***

**A:** Good Question. Tabs at the top of the homepage will direct you to **Bulletins, Newsletters, Strategic Plan, Staff, etc.**

- **Halfway down** on the homepage, you will see eight feature buttons. This is where you can easily click on **Broadcast Ministries** to hear a sermon you may have missed.
- The **monthly calendar** is at the bottom of the homepage.
- All of the 8 feature buttons are wonderful to peruse so I hope you will. Enjoy!

**Q: *What about Online Giving? Is that still convenient to do?***

**A:** Yes, the Online Giving tab is on the face of the homepage. Please note that Capital Campaign monies are also received through Online Giving – it's labeled "Cap Camp."

**Q: *A new website for Asbury is great! Is everything perfect about it?***

**A:** Everything is not 100% perfect. A welcome video has not yet been done; it will be on the homepage. A few of us are carefully reviewing the entire website to determine small edits that are still needed.

**Q: *What if I spot things which I think should be changed?***

**A:** Please feel free to send your thoughts and requested changes to email:

**[melanie@cortelimprovement.com](mailto:melanie@cortelimprovement.com)**

As a small committee, we will review everyone's thoughts and edit the website all at once.

**Q: *What about all of the COVID changes to everything?***

**A:** Our webmaster suggested that we not alter every page with COVID-19 messages. As per his suggestion, we have a COVID-19 statement on the homepage. We plan to add a few more messages within the website.

**Q: *Who is trained on this new website?***

**A:** Matt Turcott of N. Shore Solutions has trained Faith, Office Administrator, Lorraine Irwin, and Pastor Laura.

*Thanks and Enjoy,  
Melanie Rafferty, Co-Chair, Membership & Evangelism Committee*



On September 25 & 26 the **People of Asbury UMC** shared their earthly treasures with each other and the community! The **RUMMAGE SALE** raised over \$1,500. Thanks to Sue Snell and Barbara Simmons for all their hard work in organizing and coordinating. Special thanks to Gary Coutu for inviting us to use his location for the sale. Many thanks to all who donated their items and time!

Together we can make things happen even in these difficult times.!



## ASBURY UNITED METHODIST WOMEN (UMW) ZOOMING IN AND OUT

During the spring/summer months, Leah Mae Carlisle opened a Zoom meeting on Saturday mornings for women where they got together virtually to gain insight into each others' joys and concerns. We will discontinue that meeting in order to broaden our scope to include a spiritual growth study book entitled, "Finding Peace in an Anxious World." The purpose of this study is to recognize the prevalence of anxiety today and its impact, as well as to explore ways to find peace through scripture and spiritual disciplines while using "The Serenity Prayer" as a framework. The study comes from the Urban Village Church of Chicago which was approached by United Methodist Women to write a study expanding on a 4 sermon series they had delivered. The result was this very timely book.

The study will be on Thursday evenings at 7:00 p.m. on Zoom. There will be 4 sessions, Oct. 1, 15, 29, and Nov. 12. The books are available at no charge from our UMW. Contact Leah Mae Carlisle [leahtomc@gmail.com](mailto:leahtomc@gmail.com) or Sue Snell [a4bells@verizon.net](mailto:a4bells@verizon.net). to sign up.

The UMW also has a website with a list of reading books we can purchase to read and share. We would encourage you to go to the [Unitedmethodistwomen.org](http://Unitedmethodistwomen.org) website, look over the selections, and let us know if you would like us to buy any books. We will add these to our lending library in the parlor.

October 22, Connie Wieck, a UM English language teacher, will meet us on Zoom with her experiences as a missionary teacher in China.

In December, Pastor Laura is going to lead us in a study by Adam Hamilton entitled, "Incarnation." Dates and time to be announced.

All women are invited to come be in fellowship and learn!!

**WE ARE "ON THE MOVE"!!!**

## Talk with a United Methodist Missionary

**Connie Wieck, Thursday, October 22, at 7:00 p.m. by Zoom.** Connie is currently serving as an Amity Foundation English language teacher in Luzhou Vocational and Technical College in mainland China. She returned to America in January for her Chinese New Year holidays and to help her mother move to a smaller house. And then COVID 19.... She has been serving with the General Board of Global Ministries for 30 years in Asia. In her current assignment she teaches 1st, 2nd, and 3rd year English Education majors (420 students) in oral skills, culture classes and teaching methods. China now requires English language study in junior high, high school, colleges and universities.



Connie had planned to be in the US for one month before returning to China for the spring semester. As the virus spread, airlines across the globe began canceling flights. China next blocked all foreigners from entering the country as the Chinese government worked tirelessly to contain the virus. China is back to before - Covid lifestyle. Even church services are held with congregations of 300 - 400 in worship. China has put a halt on foreign teachers re-entering the country and bringing the virus back with them. America is still on the "ban" list. Connie is hopeful of returning for spring 2021.

In the meantime she is assigned as the Mission Advocate for the North Central Jurisdiction (seven states) of the United Methodist Church. This means that she will be advocating for both national and global missions virtually through UM conferences, districts, local churches and people like Asbury United Methodist Women.

**To be on this conversation Oct. 22, contact the church office or Leah Mae Carlisle (leahtomc@gmail.com) for the Zoom link**

**Connie's profile and website:**

**<https://advance.umcmmission.org/p-1472-wieck-c.aspx>**

**<http://connieinchina.org>**



### WITNESS PALESTINE OCTOBER 2020 FILM FESTIVAL

Would you like to know more about Palestine? Here is an awesome opportunity! **Witness Palestine Rochester** is offering their October Film Festival online, free of charge, this year. You are invited. Each of the four films will be available online one week. Each Sunday there will be a discussion group that you may choose to register for. The films are: ***A People Without a Land***, Oct. 4 -13, discussion Oct. 11 at 7:00 p.m.; ***It's What We Do***, Oct. 11-20, Discussion Oct. 18 at 7:00 p.m.; ***Seeing through the Wall***, Oct. 18-27, discussion Oct. 25 at 7:00 p.m.; ***Brooklyn Inshallah***, Oct. 25-Nov. 1, Discussion Nov. 1 at 7:00 p.m.

**For program details and to register go to:**

**[Witnesspalestinerochester.org](http://Witnesspalestinerochester.org) You may register for one or more.**

Leah Mae Carlisle, Co-Chair,

UNYC Task Force on Peace with Justice in Palestine/Israel



# COME TO CHURCH



## AND FIND A SAFE PLACE TO WORSHIP



What's new at Asbury on Sunday mornings where it's safe for everyone? People are now enjoying the make-shift coffee hour provided as they depart after Sunday morning church service. We call it "Coffee Hour on a Tray!" You'll enjoy looking for a different saying each week that is attached to each individually-wrapped treat.

Many thanks to Pastor Laura for warmly greeting us as we enter church for Sunday Worship and then again as we depart. Even though we're all wearing masks, we can see how her eyes smile as she greets each one of us! We are also delighted to be worshipping with our fellow Asburians who used to attend the Asbury Chapel service. It's nice to be one happy church family worshipping together at 10:15.

People who have recently come back to church saw for themselves how safe things feel (how organized and appropriate everything is). They are commenting that it feels good to be back to church, and they feel good for the week ahead. They also say that re-connecting with the Asbury Community of Faith helps them feel uplifted and less lonely than they did before coming.

Coming to church means that you get to hear Laura's sermons first-hand. There's just nothing like it. In Lisa Smith's words:

*"What I love about Laura is she can take a Bible passage and make it so relevant. She's comedic, she's well spoken; she's a really good storyteller as she describes her life stories to us. I feel as if I'm in the story with her and peeking around the corner to see what's coming next."*

We look forward to seeing you in church soon. It's all about being safe and re-engaging with your Community of Faith before the cold weather sets in!

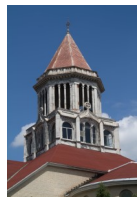
***Love from us to all of you - From Membership & Evangelism Committee***

# ASBURY UNITED METHODIST CHURCH

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Join us for  
SUNDAY WORSHIP  
at  
10:15 A.M.

## *Who Is Asbury United Methodist Church?*

*We invite you to open this  
newsletter and meet the People of  
Asbury United Methodist Church.*

### **What a Friend We Have in Jesus**

(Hymn # 526 in the Methodist Hymnal)

*What a friend we have in Jesus, all our sins and griefs to bear!  
What a privilege to carry everything to God in prayer!  
O what peace we often forfeit, O what needless pain we bear,  
all because we do not carry everything to God in prayer.*

*Have we trials and temptations? Is there trouble anywhere?  
We should never be discouraged; take it to the Lord in prayer.  
Can we find a friend so faithful who will all our sorrows share?  
Jesus knows our every weakness; take it to the Lord in prayer.*

*Are we weak and heavy laden, cumbered with a load of care?  
Precious Savior, still our refuge; take it to the Lord in prayer.  
Do thy friends despise, forsake thee? Take it to the Lord in prayer!  
In his arms he'll take and shield thee; thou wilt find a solace there.*

***No Matter Where You Are on Life's Journey,  
You are Welcome Here!***



Being a Christian is like  
being a pumpkin!

God picks you from the patch and brings you in.  
(John 15:16)

Then washes all the dirt off of you.  
(2 Corinthians 5:17)

He opens you up and scoops out all the yucky stuff.  
He removes the seeds of doubt, hate, greed, etc.  
(Romans 6:6)

Then He carves you a new smiling face.  
(Psalm 71:23)

And he puts His light inside you to shine  
for all the world to see.  
(Matthew 5:16)